



Summer Snack Menu:

July, Aug, Sept, October 2019

Week of July: 7/1, 7/15, 7/29	Morning: Cereal	Morning: Yogurt	Morning: Pancakes	Morning: Cereal	Morning: Muffins
Week of Aug: 8/12, 8/26	Afternoon: Seasonal Fruit and Saltines	Afternoon: Trail Mix	Afternoon: Cheese and Crackers	Afternoon: Seasonal Fruit and Graham crackers	Afternoon: Fresh vegetables, dip and crackers
Week of Sept: 9/9, 9/23					
Week of Oct: 10/7, 10/21					
Week of July: 7/ 8, 7/ 22	Morning: Buttered Biscuits	Morning: Cereal	Morning: Cheese Toast	Morning: Cereal	Mornings: Muffins
Week of Aug: 8/5, 8/19	Afternoon: Trail Mix	Afternoon: Seasonal Fruit and Vanilla wafers	Afternoon: Fresh vegetables, dip and crackers	Afternoon: Pudding and Saltines	Afternoon: Fresh Fruit and Graham crackers
Week of Sept: 9/2, 9/16, 9/30					
Week of Oct: 10/14, 10/28					

Please ensure that your child brings a water bottle or sippy cup to school with them daily. These items must be labeled with child's name. Sippy cups are only for Seedling, Stepping Stones I and Pre-Montessori classes. Montessori I & II children must bring other water vessels.

All snacks will be served with either water or juice.

If you wish for your child to have milk as part of their morning snack, please provide it in a separate cup with a lid. As of July 2019, we will no longer be providing milk.

***Please keep us updated on any allergy concerns you may have or that may develop. Our goal is to incorporate more varieties of fresh fruit and vegetables in the snack choices and since seasonal items vary according to availability, we have not specified the particular items. It is essential for us to know of any allergies that your child has.**

